

The background is a vibrant blue gradient, densely populated with numerous water droplets of varying sizes. A thin, dark purple swoosh curves across the middle of the image, passing behind the main text.

XVITA

maximizing life

NEXUS
EXTREME
EXCERCISE
RELAX
MAXIMIZE





NEXUS

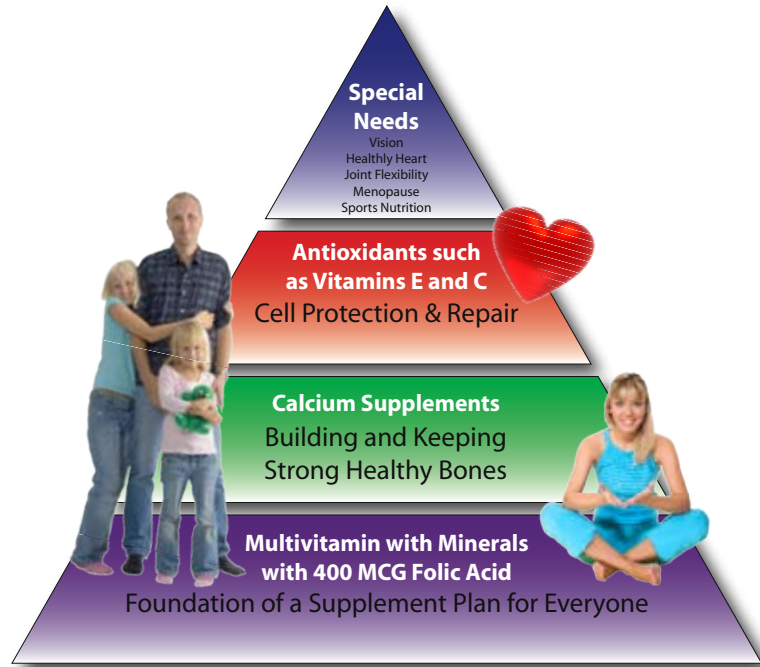
EXTREME

EXCERCISE

RELAX

MAXIMIZE

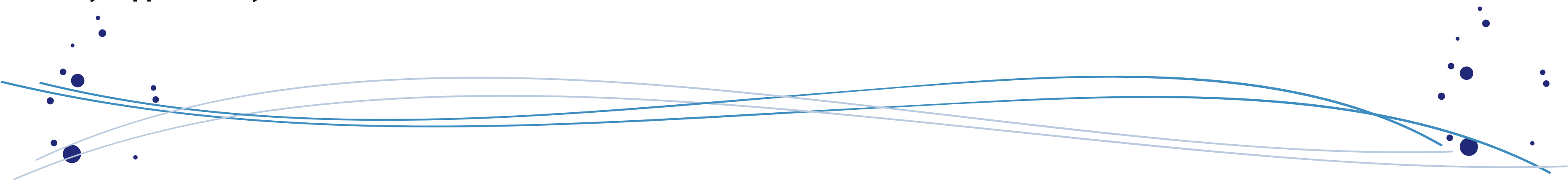




Source: Council for Responsible Nutrition

Get some content from http://www.crnusa.org/about_pyramid.html

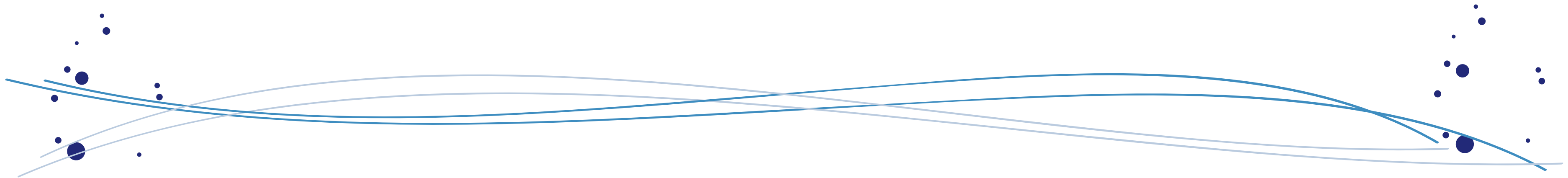
Dietary Supplement Pyramid





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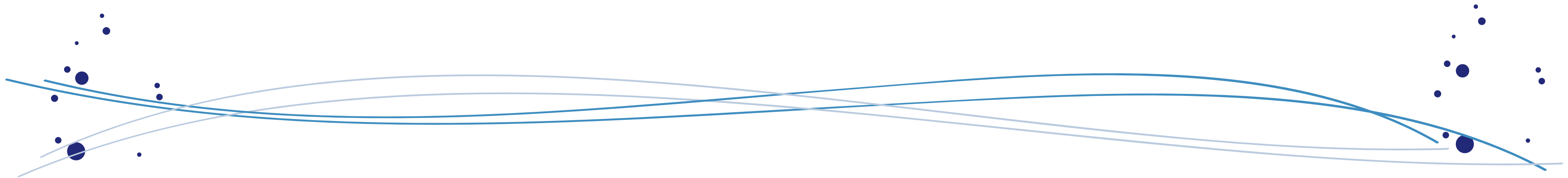
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